

# Health Advice for Driver, Crew and Operational Staff of Public Transport on the Prevention of Influenza

According to the advice from Department of Health, drivers, crew and operational staff of public transport companies are advised to take the following precautionary measures at their workplaces to minimize the risk of contracting and spreading influenza:

## During normal daily life

### 1. **Maintain good personal hygiene**

- Wash hands<sup>Note 1</sup> frequently, especially in the following situations:
  - before touching eyes, nose and mouth, if there is a need to do so;
  - before handling food or eating;
  - after sneezing, coughing, cleaning the nose and going to toilet;
  - after handling dollar notes or coins; and
  - after touching public installations or equipment, such as escalator handrails, elevator control panels or door knobs.
- Cover the nose and mouth when sneezing or coughing and wash hands immediately with liquid soap afterwards.
- If you develop respiratory symptoms or fever, you should consult doctor early and take sick leave if necessary.

### 2. **Wear a surgical mask**

- The following people are recommended to wear a surgical mask:
  - people who have symptoms of respiratory infection or fever; and
  - people who care for person with respiratory infection or fever.

### 3. **Ensure good ventilation inside train/vehicle/vessel compartments**

- Ensure the air-conditioning system is well maintained. Clean the air filter frequently.

### 4. **Keep train/vehicle/vessel compartments clean**

- Wash/wipe compartments with a diluted household bleach solution (1 part household bleach mixed to 99 parts water) regularly and pay attention to the cleaning of seats, handrails, safety belts and buckles and air inlet/outlet inside compartments. Then rinse with water and wipe dry.
- If cleaning vomitus, use a diluted household bleach solution (1 part household bleach mixed to 49 parts water). Rinse the area with water and wipe dry.
- Wear appropriate personal protective equipment e.g. gloves when carrying out cleansing works.

## When novel influenza case has been reported locally

### *Additional measures to the above*

#### 1. **Wear a surgical mask**

- The following people should wear a surgical mask:
  - people who work in crowded or poorly ventilated places; and
  - people suffering from respiratory symptoms who are on their way to see a doctor.

#### 2. **Ensure good ventilation inside train/vehicle/vessel compartments**

- Keep windows open as appropriate and where possible to maintain good ventilation, including the driver/captain's cabin<sup>Note 2</sup>.
- For enclosed compartments or where air-conditioning is necessary, the fresh air inlet volume should be adjusted to the maximum level.

#### 3. **Keep train/vehicle/vessel compartments clean**

- Step up cleansing and pay particular attention to the cleaning of seats, handrails, safety belts and buckles and air inlet/outlet inside compartments.
- Assign responsible staff to monitor cleansing works for vehicle/vessel compartments at termini/piers in between departures<sup>Note 2</sup>.

#### 4. **Service attitude**

- If a passenger with key symptoms of influenza is on board the train/vehicle/vessel compartment:
  - please advise that passenger to wear a mask (if the passenger is not wearing one) in a friendly manner; and
  - if situation warrants, assist to call for ambulance service or the Marine Police (if in outlying island) for conveyance of the patient to the hospital.

Note 1: Rub hands with 70% alcohol solution to disinfect them when hand washing facilities are not available.

Note 2: Not applicable to train.



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