

VIDEO SUBTITLES

Topic : 安全騎單車
Safe Cycling

Chinese Subtitles:

騎單車要注意安全

穿戴頭盔

防護裝備及鮮色服飾

檢查單車

遵守交通規則

騎單車時應量力而為

注意車速

切勿左穿右插

否則容易發生意外

注意行人

保持安全距離

亮著車頭白燈及車尾紅燈

切勿在行人路上騎單車

謹記注意安全

English subtitles:

Be aware of safety when cycling

Wear helmet

Protective equipment and bright coloured clothing

Check the bicycle

Follow traffic rules

Cycle within your ability

Pay attention to the speed

Do not zigzag

Otherwise accidents occur easily

Pay attention to pedestrians

Keep safe distance

Switch on white light in front and red light at the rear

Do not cycle on footpaths

Remember to be aware of safety